Identify your competencies

Do you have experience from a profession and would like to know how you can use your professional experience in Sweden?

By doing a self-assessment, you can obtain an overview of what is required for the profession.

You do the self-assessment by filling in a form that is associated with a profession in the Swedish labour market. The answers are intended to support you, and you can use the self-assessment questionnaire in your meetings with an employment officer. The answers can make it easier for Arbetsförmedingen and for you to choose which of Arbetsförmedlingen's measures is right for you. You may need support in seeing how you can utilise your competencies in Sweden, information about how to move on, to complete of your education, job experience or a validation.

The self-assessment's questions are based on the requirements of various professions in Sweden. The answers are based on your knowledge and experience from the profession.

All your knowledge and experience count. You assess your own competencies.

This self-assessment covers qualifications for a industrial pipe fitter.

Use the levels described below to assess your experience and competencies. Doing this will ensure that you receive the best possible assistance from the Employment Service.

You can identify your competencies based on the following levels

1: No experience

• Here, you might have theoretical knowledge, but no practical experience.

2: Limited experience

• You have had a trial opportunity while in training.

3: Fair amount of experience

You have references and employer's certificates relating to one year's work.

4: Considerable experience

• You have several years of practical experience, and can relatively fast start working independently.

5: Extensive experience

 You should be able to be assessed straight away at a workplace as a supervisor, manager or expert.



- You have experience of organising and developing operations, and of administration and management.
- You have experience of communicating how work in the area is to be carried out, and can engage and motivate colleagues.
- You have experience of allocating resources to different projects/groups/ operational areas/colleagues.

Use the space at the bottom of the form if you want to provide more details about your experiences. It may be that you have experience in the sector, but that there are no questions about that particular topic in the self-assessment questionnaire.

Can you prove your knowledge and experiences in any way, with education or employment certificates, for instance?

The Employment Service can help you to translate and validate them.

Self-assessment form Industrial pipe fitter

Answer on a scale from 1 No experience to 5 Extensive experience.

Question	Personal characteristics that are important for the profession	1	2	3	4	5
	Service and communication					
1.	I listen to the customer and carry out work according to the customer's needs					
2.	I offer my professional opinion					
	Stress					
3.	I can work with multiple tasks					
4.	I organise my work so that I have as much control over it as possible					
5.	I am flexible if the work requires it					
6.	Cooperation and independent work					
7.	I can accept constructive criticism from my colleagues					
8.	I can accept constructive criticism from a manager					
9.	I can plan my work using a flexible approach					



Question	Personal characteristics that are important for the profession	1	2	3	4	5
10.	I can plan, carry out and follow up my work independently					
11.	I can ask for help if the work requires it					

Question	Experience	1	2	3	4	5
12.	I have experience of working and making decisions independently					
13.	I have experience of working together with others					
14.	I have experience of working as a supervisor					
15.	I am familiar with system structure for smaller heating, ventilation and sanitary installations					
16.	I am familiar with the structure and functions of systems and components in industrial installations					
17.	I can measure, produce and install pipes and components in various types of industrial installations					
18.	I can determine the correct sealing methods for various materials					
19.	I am familiar with dimensioning and materials selections for industrial installations					
20.	I am familiar with safety and operation regulations in industrial installations					
21.	I am familiar with the characteristics and risks associates with various media					
22.	I know which type of safety equipment to use in conjunction with different tasks					
23.	I know how to use technical equipment for transport and assembly					
24.	I am familiar with the function and use of electrical welding equipment					
25.	I can use analogue and digital instruments to make calculations for direct-current circuits and resistive alternating-current circuits					



Question	Experience	1	2	3	4	5
26.	I can carry out edge preparation and select welding electrodes, forming gases and wire speed according to handbooks					
27.	I am familiar with unalloyed and alloyed steel and their characteristics, and select suitable welding methods thereafter					
28.	I can use TIG welding equipment to join sheet metal and pipes					
29.	I can weld on sheet metal using arc welding equipment					
30.	I am familiar with the competency requirements and test methods for construction welding					
31.	I know how to carry out leakproofness testing and commissioning of an installation					
32.	I have basic skills in electrics and electronics					
33.	I have experience of documenting and describing my own work					
34.	I understand the symbols and terms used in drawings					
35.	I can interpret isometric drawings and work according to them					
36.	Using drawings and descriptions, I can carry out industrial pipe-fitting work independently					

If you wish to provide more details about your experience or knowledge, please add them here: