

Självskattningsformulär
Socialt arbete
Engelska

Identify your competencies – Social work

Do you have training and experience in social work and would like to know how you can use your training and experience in Sweden?

By filling in this form for self-assessment of competence you can use it as a support in your meetings with your employment officer at Arbetsförmedlingen and for further planning.

The questions are based on the requirements for social work in Sweden. Answer the questions based on your knowledge and experience from the social work profession. Choose the options most similar to your education and experience.

All of your knowledge and experience counts. It is you who assesses your competencies.

Are you able to validate your knowledge and experiences?

If you have certificates of any kind Arbetsförmedlingen can help you to translate them. Documents can also be sent to UHR (Swedish Council for Higher Education) for recognition. More information is available at www.uhr.se

1. Personal information

Personal identity number:

or

Coordination number:

or

Asylum/LMA number:

Name

First name:

Middle name:

Surname:

Självskattningsformulär
Socialt arbete
Engelska

Address

c/o:

Street address:

Post code:

City:

Other

Telephone number:

E-mail address:

2. Language skills

Answer on a scale from 1 to 5:

- 1 Very little knowledge
- 2 Basic knowledge written/spoken
- 3 Good knowledge written/spoken
- 4 Fluent knowledge written/spoken
- 5 Mother tongue, primary language

Choose the languages that best match your language skills. You can select multiple languages.

Question	Language	1	2	3	4	5
1.	Swedish					
2.	English					
3.	Arabic					
4.	Persian/Dari					

Självskattningsformulär
 Socialt arbete
 Engelska

Question	Language	1	2	3	4	5
5.	Kurdish					
6.	Somalian					
7.	Tigrinya					
8.	Swahili					
9.	Turkish					
10.	French					

Other languages? – State which ones and your level

3. Foreign education

Enter the number of years the education lasted.

Question	Education	1 year	2 years	3 years	4 years
1.	Secondary/high school education				

Question	Education	1 year	2 years	3 years	4 years	5 years
2.	University education					

4. Higher education with a focus on social work

State your field of study and level of degree.

Question	Education	Not completed	Socionom exam/ diploma
1.	Socionom/Social worker		

Självskattningsformulär
 Socialt arbete
 Engelska

Question	Education	Not completed	Bachelor's	Master's	Doctorate
2.	Social work				
3.	Sociology with a specialisation in social work				
4.	Sociology –including courses in social work				
5.	Psychology with a specialisation in social work				
6.	Psychology – including courses in social work				
7.	Social pedagogue				
8.	Social pedagogue programme – also including courses in social work				
9.	Social administration				
10.	Social development studies –related to individual, family and community				
11.	Other higher education studies with a social work focus – state what:				

5. Internship

Question	Internship	Yes	No
1.	Did the studies include an internship/practicum?		

Question	Internship	1-5 weeks	6-10 weeks	11-15 weeks	16-20 weeks	more than 20 weeks
2.	If yes, enter the total length/time of the internship					

Självskattningsformulär
 Socialt arbete
 Engelska

6. Main subject/specialisation

Check off the alternative(s) included in your programme Multiple alternatives are possible.

- ☐ Social services
- ☐ Social assistance/poverty issues
- ☐ Social work with children and youth
- ☐ Development social work
- ☐ Community organization work
- ☐ Social work in health care
- ☐ Social work in schools
- ☐ Clinical social work
- ☐ Social work with families
- ☐ Social support for women
- ☐ Abuse and addiction
- ☐ HIV/Aids
- ☐ Social work with the seniors/elderly
- ☐ Social work with persons with disabilities
- ☐ Social insurance
- ☐ Social work in correctional services (Probation officer)
- ☐ Social work in faith-based organisations

7. Diploma/certificate

Question	Diploma	Yes	No
1.	I can verify my higher education with a diploma, certificate or course excerpt		
2.	I have requested a recognition statement from the Swedish Council for Higher Education (Universitets- och högskolerådet, UHR)		

Självskattningsformulär
 Socialt arbete
 Engelska

8. Other higher education programme

Question	Education	1-2 years	3-4 years	more than 4 years
1.	Teacher training			
2.	Behavioural science			
3.	Law			
4.	Journalism			
5.	Psychology/psychotherapy			
6.	Economics			
7.	Media and communication			
8.	Natural science			
9.	Medical science			
10.	Engineering			
11.	Religion			
12.	Other programme – state what:			

Question	Level achieved	Yes	No
13.	Completed degree		

Självskattningsformulär
 Socialt arbete
 Engelska

9. Working experience abroad – professional specialty

State what area(s) you have worked in abroad and the number of years in each.

Question	Area	1 year	2 years	3 years	4 years	more than 5 years
1.	Social service worker – general					
2.	Child and youth protection services – case officer					
3.	Abuse and addiction – case officer					
4.	Social assistance/income maintenance case officer – income support					
5.	Social care case officer – geriatric/elderly or disabilities care					
6.	Social development/change work					
7.	Social service extension worker/ community organisation worker					
8.	Family counsellor					
9.	Healthcare social worker					
10.	School social worker					
11.	Social pedagogue/clinician – children and youth					
12.	Social pedagogue/clinician – adults					
13.	HIV/AIDS support worker					
14.	Social work with persons with disabilities (Rehabilitation services counsellor/case officer)					
15.	Probation Officer/Social Worker in Correctional Services					
16.	Social worker with a faith-based organisation					
17.	Social work for employees (Personnel consultant/Human Resources case officer)					
18.	Other experience in social work – state what:					

Självskattningsformulär
 Socialt arbete
 Engelska

10. Studies in Swedish

Question	Studies in Swedish	Yes	No
1.	Started programme in Swedish		

If you answered 'yes' to the previous question:

Question	Studies in Swedish	A	B	C	D
2.	I study Swedish for Immigrants (SFI) at level				

Question	Studies in Swedish	Basic level	B	C	D
3.	I have started studies in Swedish as a second language (SVA) and am currently in level				

11. Working experience questions

Question	Working experience	1-5 clients	6-15 clients	16-20 clients	more than 20 clients
1.	How many cases (clients, patients, service users, families) were you generally responsible for, on average, in your work?				

12. Describe how you have worked

Question	Work situation	Yes	No
1.	Team: together with colleagues and/or other professionals		
2.	Independently: Alone and with own responsibility		

Självskattningsformulär
Socialt arbete
Engelska

13. Did you fill any other function than social worker?

Question	Function	Yes	No
1.	Team leader/head of unit		
2.	Supervisor		
3.	Superior manager		
4.	Other experience – state what:		