

Självskattningsformulär
Distributionselektriker
Engelska

Identify your competencies

Do you have experience in a profession and would like to know how you can use your professional experience in Sweden?

By doing a self-assessment, you can obtain an overview of what is required for the profession.

You do the self-assessment by filling in a form that is associated with a profession in the Swedish labour market. The answers are intended to support you, and you can use the self-assessment questionnaire in your meetings with an employment officer. The answers can make it easier for the Employment Service and for you to choose which of the Employment Service's measures is right for you. You may need support in finding out about how you can utilise your competencies in Sweden, or information about how to move on, complete your education, acquire job experience or carry out a validation.

The self-assessment questions are based on the requirements of various professions in Sweden. The answers are based on your knowledge and experience in the profession.

All your knowledge and experience count. You assess your own competencies.

This self-assessment covers qualifications for an electrical line installer and repairer.

Use the levels described below to assess your experience and competencies. Doing this will ensure that you receive the best possible assistance from the Employment Service.

You can identify your competencies based on the following levels

1: No experience

- Here, you might have theoretical knowledge, but no practical experience.

2: Limited experience

- You have had a trial opportunity while in training.

3: Fair amount of experience

- You have references and employer's certificates relating to one year's work.

4: Considerable experience

- You have several years of practical experience, and can relatively fast start working independently.

5: Extensive experience

- You should be able to be assessed straight away at a workplace as a supervisor, manager or expert.

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- You have experience of organising and developing operations, and of administration and management.
- You have experience of communicating how work in the area is to be carried out, and can engage and motivate colleagues.
- You have experience of allocating resources to different projects/groups/operational areas/colleagues.

Use the space at the bottom of the form if you want to provide more details about your experiences. It may be that you have experience in the sector, but that there are no questions about that particular topic in the self-assessment questionnaire.

Can you prove your knowledge and experiences in any way, with education or employment certificates, for instance?

The Employment Service can help you to translate and validate them.

Self-assessment form Electrical line installer and repairer

Answer on a scale from 1 No experience to 5 Extensive experience.

Question	Personal characteristics that are important for the profession of electrical line installer and repairer	1	2	3	4	5
1.	I listen to the customer and carry out work according to the customer's needs					
2.	I offer my professional opinion					
3.	I can work with multiple tasks					
4.	I organise my work so that I have as much control over it as possible					
5.	I am flexible if the work requires it					
6.	I can accept constructive criticism from my colleagues					
7.	I can accept constructive criticism from a manager					
8.	I can plan my work using a flexible approach					
9.	I can plan, carry out and follow up my work independently					
10.	I can ask for help if the work requires it					

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Question	Experience and competencies that are important for the profession	1	2	3	4	5
Underground cable networks/ overhead electric power networks						
11.	I have experience of working with underground cable networks					
12.	I have experience of working with overhead electric power networks					
13.	I have experience of working with transformer stations					
14.	I have experience of dimensioning of power lines					
15.	I have experience of earthing techniques					
16.	I have experience of documentation					
17.	I have experience of working with maintenance and fault detection					
Optic fibre networks						
18.	I have experience of working with optic fibre cable networks					
19.	I have experience of working with communications via optic fibre cable networks					
20.	I have experience of construction techniques					
21.	I have experience of documentation					
22.	I have experience of working with maintenance and fault detection					
Road lighting						
23.	I have experience of working with road lighting installations					
24.	I have experience of construction techniques					
25.	I have experience of dimensioning of power lines					
26.	I have experience of dimensioning of lighting					
27.	I have experience of documentation					
28.	I have experience of working with maintenance and fault detection					

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Question	Experience and competencies that are important for the profession	1	2	3	4	5
Transformers						
29.	I have experience of working with primary and secondary winding					
30.	I have experience of working with transformer vector groups					
31.	I have experience of working with secondary substations					
Transformer stations						
32.	I have experience of system development techniques					
33.	I have experience of transformer station types					
34.	I have experience of working with breakers and isolators					
35.	I have experience of working with measuring transformers					

Question	Experience and competencies that are important for the profession	Yes	No
36.	I have experience of working with system earth equipment		

Question	Experience and competencies that are important for the profession	1	2	3	4	5
Power network operations						
37.	I have experience of operations planning					
38.	I have experience of operations monitoring					
39.	I have experience as an operations technician					
Ancillary equipment/inspection						
40.	I have knowledge about circuit diagrams and schematic symbols					
41.	I have knowledge about direct current systems					
42.	I have knowledge about remote control					
43.	I have experience of working with alarms and security equipment					

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Question	Experience and competencies that are important for the profession	1	2	3	4	5
44.	I have experience of working with maintenance and fault detection					
Legislation/industry standards/ environment						
45.	I have knowledge about relevant labour law and regulations					
46.	I have knowledge about relevant laws on electricity, and regulations					
47.	I have knowledge about ESA rules for electrical safety					
48.	I have knowledge about another system for electrical safety					
49.	I have knowledge about EBR ("Rational Construction of Distribution Networks") publications					
50.	I have experience in handling hazardous chemicals, oils, etc.					
51.	I have experience in recycling and separation at source of materials					

Driving licence

For this profession, it is very important to have a driving licence. However, you do not need a driving licence to validate your professional competencies. Contact the Swedish Transport Authority (Transportstyrelsen) for further information about acquiring a Swedish driving licence.

Question	Experience and competencies that are important for the profession	Yes	No
52.	I have a Swedish "B" driving licence		
53.	I have a Swedish "C" driving licence		

If you wish to provide more details about your experience or knowledge, please add them here: