

Engelska

Sida: 1 av 6

Identify your competencies

Do you have experience in a profession and would like to know how you can use your professional experience in Sweden?

By doing a self-assessment, you can obtain an overview of what is required for the profession.

You do the self-assessment by filling in a form that is associated with a profession in the Swedish labour market. The answers are intended to support you, and you can use the self-assessment questionnaire in your meetings with an employment officer. The answers can make it easier for the Employment Service and for you to choose which of the Employment Service's measures is right for you. You may need support in finding out about how you can utilise your competencies in Sweden, or information about how to move on, complete your education, acquire job experience or carry out a validation.

The self-assessment questions are based on the requirements of various professions in Sweden. The answers are based on your knowledge and experience in the profession.

All your knowledge and experience count. You assess your own competencies.

This self-assessment covers qualifications for an electrical line installer and repairer.

Use the levels described below to assess your experience and competencies. Doing this will ensure that you receive the best possible assistance from the Employment Service.

You can identify your competencies based on the following levels:

1: No experience

- Here, you might have theoretical knowledge, but no practical experience

2: Some experience

- You have had a trial opportunity while in training

3: A fair amount of experience

- You have references and employer's certificates relating to one year's work

English

4: Good experience

- You have several years of practical experience, and can relatively fast start working independently

5: Substantial experience

- You should be able to be assessed straight away at a workplace as a supervisor, manager or expert
- You have experience of organising and developing operations, and of administration and management
- You have experience of communicating how work in the area is to be carried out, and can engage and motivate colleagues
- You have experience of allocating resources to different projects/groups/operational areas/colleagues

Use the space at the bottom of the form if you want to provide more details about your experiences. It may be that you have experience in the sector, but that there are no questions about that particular topic in the self-assessment questionnaire.

Can you prove your knowledge and experiences in any way, with education or employment certificates, for instance?

The Employment Service can help you to translate and validate them.

Self-assessment form

Electrical line installer and repairer

Personal characteristics that are important for the profession of electrical line installer and repairer	1-5 (No experience – Substantial experience)				
1. I listen to the customer and carry out work according to the customer's needs	1	2	3	4	5
2. I offer my professional opinion	1	2	3	4	5
3. I can work with multiple tasks	1	2	3	4	5
4. I organise my work so that I have as much control over it as possible	1	2	3	4	5

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5. I am flexible if the work requires it	1	2	3	4	5
6. I can accept constructive criticism from my colleagues	1	2	3	4	5
7. I can accept constructive criticism from a manager	1	2	3	4	5
8. I can plan my work using a flexible approach	1	2	3	4	5
9. I can plan, carry out and follow up my work independently	1	2	3	4	5
10. I can ask for help if the work requires it	1	2	3	4	5
Experience and competencies that are important for the profession	1-5 (No experience – Substantial experience)				
Underground cable networks/overhead electric power networks					
11. I have experience of working with underground cable networks	1	2	3	4	5
12. I have experience of working with overhead electric power networks	1	2	3	4	5
13. I have experience of working with transformer stations	1	2	3	4	5
14. I have experience of dimensioning of power lines	1	2	3	4	5
15. I have experience of earthing techniques	1	2	3	4	5
16. I have experience of documentation	1	2	3	4	5
17. I have experience of working with maintenance and fault detection	1	2	3	4	5
Optic fibre networks					
18. I have experience of working with optic fibre cable networks	1	2	3	4	5
19. I have experience of working with communications via optic fibre cable networks	1	2	3	4	5
20. I have experience of construction techniques	1	2	3	4	5
21. I have experience of documentation	1	2	3	4	5

English

22. I have experience of working with maintenance and fault detection	1	2	3	4	5
Road lighting					
23. I have experience of working with road lighting installations	1	2	3	4	5
24. I have experience of construction techniques	1	2	3	4	5
25. I have experience of dimensioning of power lines	1	2	3	4	5
26. I have experience of dimensioning of lighting	1	2	3	4	5
27. I have experience of documentation	1	2	3	4	5
28. I have experience of working with maintenance and fault detection	1	2	3	4	5
Transformers					
29. I have experience of working with primary and secondary winding	1	2	3	4	5
30. I have experience of working with transformer vector groups	1	2	3	4	5
31. I have experience of working with secondary substations	1	2	3	4	5
Transformer stations					
32. I have experience of system development techniques	1	2	3	4	5
33. I have experience of transformer station types	1	2	3	4	5
34. I have experience of working with breakers and isolators	1	2	3	4	5
35. I have experience of working with measuring transformers	1	2	3	4	5
36. I have experience of working with system earth equipment	Yes	No			
Power network operations					
37. I have experience of operations planning	1	2	3	4	5

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38. I have experience of operations monitoring	1	2	3	4	5
39. I have experience as an operations technician	1	2	3	4	5
Ancillary equipment/inspection					
40. I have knowledge about circuit diagrams and schematic symbols	1	2	3	4	5
41. I have knowledge about direct current systems	1	2	3	4	5
42. I have knowledge about remote control	1	2	3	4	5
43. I have experience of working with alarms and security equipment	1	2	3	4	5
44. I have experience of working with maintenance and fault detection	1	2	3	4	5
Legislation/industry standards/environment					
45. I have knowledge about relevant labour law and regulations	1	2	3	4	5
46. I have knowledge about relevant laws on electricity, and regulations	1	2	3	4	5
47. I have knowledge about ESA rules for electrical safety	1	2	3	4	5
48. I have knowledge about another system for electrical safety	1	2	3	4	5
49. I have knowledge about EBR ("Rational Construction of Distribution Networks") publications	1	2	3	4	5
50. I have experience in handling hazardous chemicals, oils, etc.	1	2	3	4	5
51. I have experience in recycling and separation at source of materials	1	2	3	4	5
Driving licence					
For this profession, it is very important to have a driving licence. However, you do not need a driving licence to validate your professional competencies. Contact the Swedish Transport Authority (Transportstyrelsen) for further information about acquiring a Swedish driving licence.					
52. I have a Swedish "B" driving licence	Yes	No			

English

53. I have a Swedish "C" driving licence	Yes	No
<p data-bbox="248 465 1465 497">If you wish to provide more details about your experience or knowledge, please add them here:</p>		